



SINCE 1968

Elementary School Counselling at the International School of Dusseldorf



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Safeguarding Lead

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- Elementary counselling services are available for all students and their families from Reception through to Grade 5.
- Counselling at ISD has a major focus on enhancing what is working well, building on individual strengths and skills to help students flourish.
- ISD counsellors work as student advocates, aiming to develop each child's academic, social and emotional competencies by providing developmentally and culturally appropriate counselling support.
- Some programmes that ISD use widely, and the counsellors are trained in, are Positive Discipline for Parents, Positive Discipline in the Classroom, and Restorative Practice.
- Some students may experience social or emotional challenges for various reasons; this may be identified in school and parents will be contacted, or parents may raise concerns directly with their child's teacher or the counsellor to seek further support.
- Reasons a child may benefit from counselling support could be; concerns about social or emotional development, challenging behaviour at home or school, friendship complications, bereavement, low self-esteem, transitioning to or from ISD, or anxiety.
- The counsellor responds to the needs of the community and may work with whole classes, directly with a student and their family, with groups of students, or observe in classes and collaborate with teachers for best student outcomes.

Please don't hesitate to contact the counsellor if you would like some additional support for your child's wellbeing. We are here to help.