

PLEASE CONTACT THE
COUNSELLOR

If you are worried about

- Social or emotional development
- Behavior at home or at school

Or, if your child

- Is being bullied
- Has been bereaved
- Is socially isolated
- Has low self-esteem
- Is new or leaving ISD
- Has friendship challenges
- Is angry or sad



Veronica Hughes
Elementary School Counsellor

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Elementary
School
Counselling

@

ISD

INTERNATIONAL SCHOOL
OF DÜSSELDORF E.V.



COUNSELLING IN THE ELEMENTARY SCHOOL

Is. . . .

- Looking for what is working well
- Focusing on strengths and skills
- Support and intervention for children who may find constant change challenging
- Working with children who may have social and emotional difficulties

Class Observation and consultation with class teachers to find ways to support children to have the best opportunity for their personal and social development

WORKSHOPS FOR PARENTS

Managing Transitions Successfully

For new parents to Germany and ISD who would benefit from understanding the cycle of transition, strategies for coping and how to help your child

Putting the “good” in goodbye

For those who are leaving ISD and Germany to take care of the personal as well as the practical details for themselves and their family

Parenting Workshops

To discuss a number of crucial themes related to child-rearing and the daily challenges of Parenting

All parents of elementary school children are invited to attend.

SMALL GROUP WORK WITH CHILDREN

- Meet with new children to ISD to focus on what they can do and the things they are good at to promote their self-esteem
- Work with children on friendship issues and relationship skills
- Talk to children who are leaving ISD about how to say goodbye to friends, places and things and look forward to new possibilities.
- Meet the leaving child with a friend they are leaving behind to address the issues of “staying”

Develop personal and interpersonal abilities e.g. self-motivation, managing feelings, empathy and problem solving.